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Construction started on \$21.6 million interchange project

Work began yesterday on the \$21.6 million project to build an interchange on Highway 102 to connect with Larry Uteck Boulevard between Bedford and Halifax. Construction is expected to take about one year to complete with the project involving the building of an overpass and ramps with roundabouts. **METRO HALIFAX**

3

Local



Canyon picks up five nominations

Nova Scotia country music star George Canyon, left, is in line for more hardware. It was announced in Toronto yesterday that Canyon has been nominated for five Canadian Country Music Association Awards. The nominations are for single of the year, album of the year, CMT video of the year, male artist of the year and the fans' choice award. Canyon's five nominations are second only to popular country Scotsman Johnny Reid, who is up for six awards. Jason Priestley is hosting the awards show on Sept. 13 in Vancouver. **METRO HALIFAX**

Kinsmen Beach closed due to bacteria levels

BEACHES If you're looking to beat the heat by swimming at Kinsmen Beach, think again.

The Halifax Regional Municipality announced yesterday that the beach located on First Lake in Sackville has been closed temporarily to swimmers because of high bacteria levels in the water.

No timeframe was given on when the beach would re-open. For information on when swimming will resume and any other beach closures, go to www.halifax.ca/rec/beach/es.html. **METRO HALIFAX**



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What's online today.

Video Alleged victims of accused swindler Earl Jones hold a protest in Montreal as firm declares

bankruptcy at metronews.ca/canada
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Lotteries

Lotto 6/49: 3, 23, 29, 37, 44 & 45. Bonus 39
Ontario 49: 3, 4, 5, 9, 15 & 23. Bonus 41
Ontario Pick 3: 5 3 8; **Ontario Pick 4:** 6 3 1 5
Encore: 1279091
Daily Keno: 1, 2, 6, 12, 15, 17, 27, 30, 35, 37, 42, 45, 48, 50, 52, 57, 60, 64, 69, 70.
These results are not official.

Tele-health 8-1-1 launched

Nova Scotians can access non-emergency medical advice 24-7

HILARY BEAUMONT
for Metro Halifax

Questions about a runny nose or a stubbed toe? Well, you can now dial 8-1-1.

A new 24-hour, seven-day-a-week non-emergency telecare service kicked off yesterday for Nova Scotians who have health worries. People can call HealthLink 8-1-1 to speak to a registered nurse about any non-emergency health issues, from symptoms of Influenza A (H1N1), also known as swine flu, to questions about diet and exercise.

And if nurses deem that you have a medical emergency, you'll be immediately forwarded to 9-1-1.

"Nova Scotians can pick up the phone and dial 8-1-1 and be confident that the health advice and information will be waiting on the other end of the line," Health Minister Maureen MacDonald said yesterday prior to the service's 3 p.m. launch.

MacDonald said the timing for this launch works well because HealthLink will address the many concerns Nova Scotians have about H1N1.

The new service will cost



Health Minister Maureen MacDonald speaks yesterday at a media conference to launch HealthLink 8-1-1, the province's new 24-hour, seven-day-a-week telecare service for people to call looking for non-emergency health advice.

\$6.5 million tax dollars per year and was originally proposed by the province's former Conservative government. MacDonald said the NDP reviewed the plan before adopting it.

A report from Health Nova Scotia sets the target number of calls per year at 80,000 by 2010 and 100,000 by 2011. That's just over \$81 per call by 2010 and \$65 per call the next year.

But Kyle Buott, co-ordinator of the Nova Scotia Citizens' Health Care Network,

Nurses on call

• About 20 full-time and another 20 part-time nurses have been hired, with the government hoping to recruit several more bilingual nurses within the next month. Nova Scotia is the second-to-last province to launch a tele-health service.

zens' Health Care Network, said the government handed the contract of running this

service to a private company from the United States rather than offering it to the public sector. Buott believes the system could be done publicly for a lower cost.

"We agree with the tele-health service," Buott said. "We've been advocating for it since 2003. Our main concern is actually the way it's going to be delivered. Allowing a for-profit company to deliver vital health services is a very slippery slope for the province."

HealthLink service accessible in rural, urban areas

Health officials said yesterday they expect callers to 8-1-1 will not have to wait more than 20 seconds before speaking to a registered nurse.

If they do wait longer, they will be able to leave a message and a nurse will re-

turn their call. Nurses won't be diagnosing callers, but will refer them to an appropriate service.

"HealthLink 8-1-1 is accessible for all Nova Scotians, rural and urban," Health Minister Maureen MacDonald said yesterday.

After dialing the number, callers will hear a message that asks them to call 9-1-1 if it is an emergency. Then they will be re-directed to a registered nurse who will ask them questions to determine how severe their symptoms are, on a tertiary

scale. If there are severe symptoms, the nurse will redirect the caller to 9-1-1.

"This is not a service to replace emergency care, so if someone is in an emergency and calls the line, it would be redirected to 9-1-1," MacDonald said.

MLAs to get \$8K more to gas up

MILEAGE Gas prices may be down, but a government board approved an extra \$8,000 in gas mileage money for provincial politicians yesterday.

Though gas prices are about 40 cents per litre cheaper than they were this time last year, mileage for civil service employees went up by 0.4 cents per litre. Yesterday the Internal Economy Board approved the same increase for MLAs.

The cost for the 52 MLAs so far, retroactive back to April 1, is about \$8,000 according to speaker of the house Charlie Parker.

The mileage rate for employees and politicians went from 40.51 cents per litre to 40.92 cents per litre. If you do the math, it means MLAs have travelled about 200,000 km in the last four months.

"It surprisingly adds up. Members travel from Yarmouth to Halifax, from Glace Bay to Halifax several times a month," he said.

Parker said the mileage rate went up because it is tied to the cost of living index, not just the price of gas. "There's other costs to it," he said. "Your insurance, your repairs, capital costs and so on."

The Internal Economy Board meeting was Parker's first since becoming Speaker after the NDP election victory.

Auditor General Jacques Lapointe is currently auditing the speaker's office and its \$32 million budget. A report is expected in the fall.

PAUL MCLEOD/METRO HALIFAX

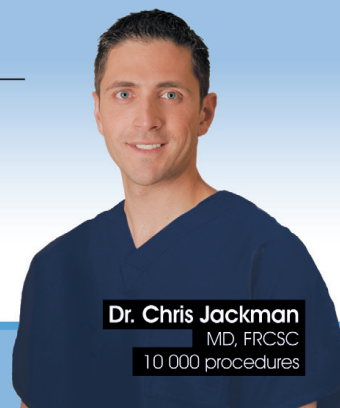
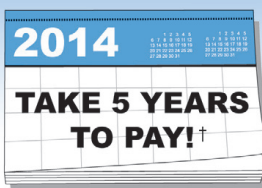
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A man received undetermined head injuries after Halifax Regional Police say he was struck by a vehicle traveling in bound on the Bedford Highway near the Windsor Street exchange. The pedestrian, who was ticketed for not crossing in a crosswalk, is believed to have minor injuries. **METRO HALIFAX**

Green group wants to axe axeman

PAUL MCLEOD
paul.mcleod@metronews.ca

PANEL Environmental groups want to axe a member from a government panel because he's in the business of axing trees.

The panel is supposed to create a new natural resources strategy for the province. The member in question is Jonathan Porter, an executive at pulp and woodcutting company Bowater Mersey Paper Company.

The Ecology Action Centre and Sierra Club of Canada say it's a conflict of interest to have a paper company executive on a board that'll be making recommendations for rules governing paper companies.

"Nova Scotians were

promised a fair and unbiased public review of Natural Resources management in this province and this is not it," Ecology Action Centre spokesman Raymond Plourde said in a press release.

"It is outrageous. The conflict of interest is built-in and obvious. There is no way Mr. Porter can separate the interests of his company from the broader public interest."

An independent steering group chaired by former Chief Justice Constance Glube picked the 12-member panel.

Environment Minister John MacDonell said he won't kick Porter off the board because he doesn't want to micromanage the arms-length group.

He said all sides are represented — including at

least one member recommended by the Ecology Action Centre — and ultimately the policy will be determined by government.

"When it comes to policy the buck stops with me," he said. "It's my intention to see that we do move forward in the 21st century. If I think the forestry strategy might be lacking I feel I have a role there."

The Forest Products Association of Nova Scotia sent out a rival release expressing their disappointment on the environmental groups' "personal attack" on Porter.

They said the board was looking for a broad range of interests and expertise in forestry, which Porter's years of experience provide.

Bush's presence confirmed at business event

FOX HARB'R Former U.S. president George W. Bush was the keynote speaker at a business networking event held at Fox Harb'r Resort on Monday.

On Saturday, the Truro Daily News first reported

that rumours of his visit were circulating throughout the region.

The annual event, which brings together senior business and political leaders from across North America, has been hosted

by former New Brunswick premier Frank McKenna for the past nine years. Residents living in the areas surrounding the resort noticed an increased presence of security during the meeting. **TRURO DAILY NEWS**



Musicians Sammy Hagar, right, and Joe Satriani of Chickenfoot perform at The Roxy Theatre on May 19 in West Hollywood, Calif., in this file photo. Chickenfoot is performing in Halifax on Sunday.

Chickenfoot set to headline Halifax gig

Group consists of ex-Van Halen, Chili Peppers members

KRISTEN LIPSCOMBE
kristen.lipscombe@metronews.ca

Lineup

- Check out headliners Chickenfoot this weekend at Canadian Forces Halifax Rock Fest 2009, also featuring Our Lady Peace, Finger Eleven and Sloan. General admission tickets are \$75, or \$65 each for the military community.

What happens when a couple former members of Van Halen, a Red Hot Chili Peppers drummer and a guitar virtuoso who's performed with rock's biggest names get together for a jam session at the Palms in Las Vegas?

Some might call it musical magic, but guitarist Joe Satriani and his three bandmates call it Chickenfoot.

"When we played, it was just crazy and explosive, yet it was very tight," Satriani said earlier this week of his spontaneous performance with lead singer Sammy Hagar, bassist Michael Anthony and drummer Chad Smith back in February 2008, hatching a brand new band that

may very well epitomize the classic rock sound.

Satriani said that "chemistry" kept all four musicians coming back for more, leading to demo sessions, a self-titled debut album released last month and now a tour, with the North American stretch kicking off in Halifax this Sunday.

"Everybody was listening to the other three going 'this is unique, this is different, this is not a su-

pergroup — it's a new group," he told Metro Halifax over a telephone interview.

A "supergroup" is something dreamed up by a record label hoping to build a band that "will be larger than the sum of their parts," Satriani said, explaining Chickenfoot is different because "it was purely the music" that brought the talented musicians together.

"This was a band that was playing in a Mexican bar," he said.

"The only reason why we kept going was because we liked it."

Satriani said the band hopes to recreate that first jam session on Citadel Hill this weekend, adding he's never been to Halifax, so he and his bandmates may be spotted "walking around like tourists."

Ferry fire forces end to trip

RETURNED A fire on board a Marine Atlantic ferry heading to Port aux Basques early yesterday morning, forced the vessel to return to North Sydney.

The fire was discovered in the thermal heating unit of the MV Atlantic Vision at around 6:30 a.m.; a little over an hour into the crossing.

It was contained to the boiler room.

Many of the over 600 passengers were asleep in their cabins and awoke to

the ship's announcement that there was an incident on board the vessel.

"When the alarm first went off we thought, oh, a wake up call. But quickly realized that it wasn't, that it was a ship's announcement," said Roxanne Chisholm, who along with her husband Andrew, were on their way to Baie Vert Peninsula.

"They told us that the boat wasn't sinking. That everything was under control, but that we were

heading back."

The MV Joseph and Clara Smallwood, which was originally scheduled to go to Argentina, was expected to depart at 2:15 p.m. yesterday for Port aux Basques with passengers and vehicles from the Atlantic Vision.

Marine Atlantic's marine superintendent Keith Hopkins said this is the second incident involving a fire in the thermal heating units on board the Atlantic Vision. **CAPE BRETON POST**

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His company's bankrupt, he's out on bail

The company of Montreal investment adviser Earl Jones has been declared bankrupt by a Quebec court, CBC News Online reports. Jones is out on bail, charged with fraud and theft. **METRO NEWS SERVICES**

5

Canada/World

Smooth sailing

The federal government plans to spend \$40 billion over the next 30 years to build as many as 50 large ships, CBC News Online reports.

**METRO
NEWS
SERVICES**

O Canada! B.C.'s getting all the heat

WEATHER Here's the tale of three Summers across the country.

Aaron Summer of Burnaby, B.C., is melting in a record-breaking heat wave.

In Stoney Creek, Ont., rain is once again spitting on Warren Summer.

And Rosemary Summers of Newfoundland is basking in the sun — for now.

Wondering where summer went?

"It's all on that side of the country," said Warren Summer. "You can keep it. I don't want it that hot, but a little good weather would be nice."

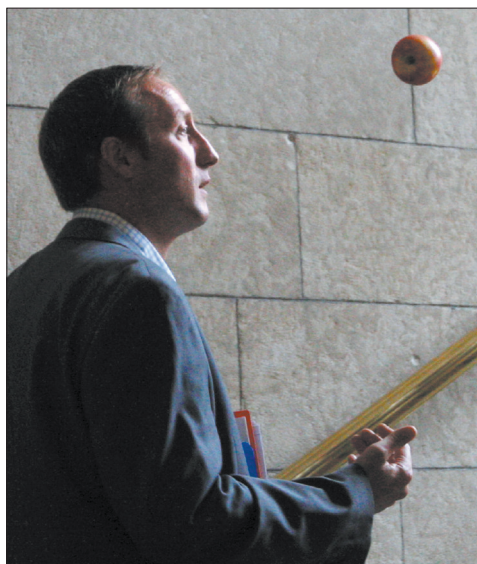
Meteorologist Gary Dickinson with Environment Canada said Vancouver is getting a Toronto-like heat wave with T.O. humidity.

TORSTAR NEWS SERVICE

News in brief

WARMING Regions of Arctic tundra around the world are heating up rapidly, releasing more greenhouse gases than predicted and boosting the process of global warming, says Greg Henry, a professor at the University of British Columbia.

REUTERS



Defence Minister Peter MacKay tosses an apple in the air as he leaves a Conservative caucus meeting in Ottawa yesterday.

Top parties in dead heat: Poll

POLITICS The political rhetoric is still flying, but are Canadians listening?

A survey by Angus Reid Strategies shows the federal Liberals with 34 per cent support and the Conservatives with 33 per cent — a statistical dead heat.

The result is a warning for any party thinking of plunging into a fall elec-

tion: No wind of change is blowing across Canada.

And it shows the economy is still a top concern.

The poll has a margin of error of 3.1 percentage points. The NDP was at 16 per cent support. The Bloc Québécois was at 10 per cent and the Green party 7 per cent.

TORSTAR NEWS SERVICE

Decency law challenged

Sudanese woman prepared to give up UN immunity to fight

A Sudanese woman facing 40 lashes for wearing pants in public made her first appearance in a court packed with supporters yesterday, in what her lawyer described as a test case in Sudan's decency laws.

There were chaotic scenes as Lubna Hussein, a former journalist who works for the United Nations, attended the hearing wearing the same green slacks that got her arrested for immodest dress.

Indecency cases are not uncommon in Sudan. But Hussein has attracted attention by publicizing her case, inviting journalists to hearings and using it to campaign against dress codes sporadically imposed in the

Foreign attention

• The trial in Khartoum was also attended by representatives of the embassies of Canada, France, Sweden and Spain, alongside politicians and members of the Sudanese Women's Union.

capital.

The case was adjourned yesterday as lawyers discussed whether her status as a UN employee gave her legal immunity.

After the hearing, defence lawyer Nabil Adib Abdalla said Hussein had agreed to resign from the United Nations in time for the next session on Aug. 4 to make sure the case continued.

"First of all she wants to show she is totally innocent, and using her immunity will not prove that," Abdalla told reporters. "Second she wants to fight the law. The law is too wide. It needs to be reformed ... This is turning into a test case. Human rights groups will be watching this closely."

He said Hussein was ready to face the maximum penalty for the criminal offence of wearing indecent dress in public which was 40 lashes and an unlimited fine.

"Thousands of women are punished with lashes in Sudan but they stay silent," Hussein said. "The law is being used to harass women and I want to expose this."

REUTERS

10,000 missing, Uighurs say

CHINA Nearly 10,000 Uighurs involved in deadly riots in China's Xinjiang region went missing in one night, exiled Uighur activist Rebiya Kadeer said yesterday, calling for an investigation.

More than 1,000 people were detained in the immediate aftermath of the riots, and over 200 more in recent

days, state media said. None have been publicly charged. China has accused Kadeer of triggering the riots and of spreading misinformation.

"The nearly 10,000 (Uighur) people who were at the protest, they disappeared from Urumqi in one night," she told a news conference in Tokyo.

REUTERS

Israel allows cement into Gaza

MIDDLE EAST Israel will allow some cement into the Gaza Strip for reconstruction, officials said yesterday, signalling flexibility on a blockade as the U.S. intensified efforts to broker peace. After Hamas seized Gaza in 2007, Israel curbed imports that could be used to make arms or bunkers.

REUTERS

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Comment

Of bachelors and bachelorettes

Relating

Sofi Papamarko

metronews.ca/papamarko

To celebrate the impending nuptials of a dear friend, nine of us headed to a cabin in rural Quebec for a bachelorette weekend. We sunned ourselves on a dock, ate a variety of

artisanal cheeses, played a few spirited rounds of charades and toasted the bride-to-be with sparkling wine. The groom, in the meantime, was swept off by his buddies to participate in the time-honoured tradition of ogling nubile in various states of undress.

If the men were the movie *The Hangover*, we were Oprah's Book Club.

It makes me question the long-held wisdom of one Cyndi Lauper: Do girls just wanna have fun? Or would they rather have sedate

On the web

For more views on relating, go to Love Bytes at metronews.ca/blogs

martinis, gripe about their boyfriends and hit the sack at a reasonable hour?

This is not to say that many bachelorette parties aren't wild and crazy events. But it seems to me that even the most out-of-control bachelorettes don't hold a candle to the most unhinged bachelor parties.

Beth Montemurro is an

associate professor of sociology at Penn State University. In her book *Something Old, Something Bold: Bridal Showers and Bachelorette Parties*, Montemurro points out that bachelor parties are historically about making the most of the groom's final hours of freedom and a supposed reluctance to let that go. Bachelorettes seem more akin to "pep rallies ... increasing excitement and anticipation" of the main event: The wedding.

"The most important part of the bachelorette party

for women I interviewed was about spending time with their friends," Montemurro told Metro via email. "Women were less interested or aroused by the sexual elements of bachelorette parties (e.g. going to strip clubs) and more often found them to be embarrassing or funny."

In summation, the vital differences are as follows: Bachelorette parties? A female bonding ritual that satirizes sexuality.

Bachelor parties? Last call for fun, fellas!

When my time comes, I hope my ladies know me well enough that they won't bust out the tiaras, tulle and exotic dancers named Rico. Ideally, I'd want my bachelorette to be held at a karaoke dive. My friends and I would bask in one another's delightful company and regale each other with the sweet, sweet sounds of Journey. I might even drink.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.

Views

Domestic violence crosses all boundaries

FourthWave

Canice Leung

metronews.ca/fourthwave

If the picture of family dysfunction emerging from St. Leonard, Que., about the Shafia family scares you, find comfort with the many Canadians that have, too.

Mohammed Shafia, his wife and their son are charged with the deaths of Shafia children Zainab, 19, Sahar, 17, and Geeti, 13, and Rona Amir Mohammad, 52,

after the four were found dead inside a submerged car in a Rideau Canal lock. Rona, initially identified as a relative, was Shafia's first wife.

A man claiming to be Rona's sibling said she wanted a divorce, which the man of the house would not grant. He also banned her from using the phone, took her passport and threatened to beat her, the relative claims. Zainab had taken a romantic interest in a Pakistani boy against her family's wishes; she reportedly ran away in the spring.

Kingston police Chief Stephen Tanner stopped short of calling the deaths honour killings, but de-

scribed the situation as "cultural issues" between a family and "Canadian teenagers who have all the freedom and rights of expression of all Canadians."

Federal Public Safety Minister Peter Van Loan said honour killings are "simply unacceptable," adding, "We ... encourage people when they come to Canada to recognize the importance of Canadian values."

Filing the Shafia women's deaths under "honour killings" and chalking it up to an immigrant gone bad takes away from the responsibility their own kin may have had in it. Domestic violence crosses all boundaries.

In a broader context, these deaths show violence against women happens in spite of our milquetoast, utopic values, especially for the women who needed the help most. The warning signs were clear. For an entire generation, the Canadian Dream is turning out to be a farce.

Post-Trudeauism, does the promise of multiculturalism lie in a lock? If the public's visceral, instant judgment of the Shafias is any indication, those that don't are not welcome here. Out of many, one discordance.

Canice Leung is a former editor of *Ryerson University feminist magazine* *McClung's*, copy editor at *Metro*, ardent feminist and loudmouth.

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Major Coca-Cola bottler beats profit predictions

Coca-Cola Enterprises Inc., the largest bottler of Coca-Cola Co drinks, blew past Wall Street's quarterly profit forecast yesterday, helped by price increases. **REUTERS**

7

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA



People walk past Yahoo! offices in Santa Monica, Calif., after the Microsoft deal was announced.

Microsoft, Yahoo go on warpath

WEB SEARCH Microsoft and Yahoo have inked a 10-year web search deal to challenge market leader Google.

But they stopped short of combining their display advertising businesses.

Yahoo shares fell 11 per cent as some investors were disappointed by the limited scope of the deal.

The companies are "hopeful" the deal can close in early 2010.

METRO NEWS SERVICES

Ottawa holds off on Nortel

Industry Minister Tony Clement won't be rushed over Nortel Networks' technology sale.

No decision on whether to review the \$1.13 billion sale of wireless assets to Sweden's Ericsson will be made until after a 21-day appeal period, he said yesterday.

"We have to first consider whether the Investment

Canada Act applies, that's what we're reviewing right now," Clement said in Ottawa.

The federal government has been lobbied by BlackBerry maker Research In Motion to block the sale.

RIM argues that keeping Nortel's technology in Canada is vital to national security. **REUTERS**

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In brief

EARNINGS Maple Leaf Foods says it earned \$4.9 million, or 4 cents a share, for the second quarter, compared with a loss of \$9.4 million, or seven cents a share, for the same period a year earlier. **REUTERS**

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The Toronto Argonauts have traded slotback Arland Bruce III to the Hamilton Tiger-Cats, less than a week after leaving him out of a game for disciplinary reasons. In return, the Ticats sent defensive lineman Corey Mace, a third-round pick next year and a conditional pick in the 2011 draft to Toronto. **METRO NEWS SERVICES**

Argos send Bruce to Hamilton

Sports



Phelps does it again

Michael Phelps, left, bounced back from a stunning loss to set a world record in the 200-metre butterfly at the world swimming championships yesterday. One night after he was soundly beaten by Germany's Paul Biedermann in the 200 freestyle, Phelps got back on track with a time of one minute 51.51 seconds — more than a half-second ahead of his previous mark, 1:52.03. **METRO NEWS SERVICES**

EDITOR: CHRIS.CLEMENTS@METRONWS.CA

Running back to Saskatoon

Group prefers prairie city to Halifax, tickets may average \$100

A proposal to move five of the Phoenix Coyotes' home games to either Saskatoon or Halifax each season was greeted with mixed reviews from the NHL yesterday.

Ice Edge Holdings, a collection of Canadian and American businessmen intending to buy the Coyotes out of bankruptcy court,

was interviewed by the NHL's power brokers at an airport hotel in Chicago.

It was, essentially, a chance for the league executives to get a feel for what the group would be like as a franchise owner.

The key questions directed at the Ice Edge group centred around an innovative business plan that would

see the Coyotes play a handful of games each season in Canada in order to subsidize the team's survival in Arizona. The group is leaning towards taking those games to the 14,750-seat Credit Union Centre in Saskatoon over the 10,500-seat Metro Centre in Halifax.

"We walked through our

plan as it related to playing five games somewhere else," said Ice Edge spokesperson Daryl Jones.

"I think some (of the executives) thought it was an interesting idea; some people were less positive. But, in general, I think they understood the cash-flow rationale behind it."

Jones said executives at

Credit Union Centre told him tickets would likely be sold for an average of \$100 each with the expectation of a sellout. At Jobing.com Arena, the venue in Glendale where the Coyotes play now, tickets sold for an average of \$37.45 US last season. Phoenix averaged 14,875 fans at its home games last season.

"I think they were intrigued by the idea," Jones said. "They wanted to hear our rationale for doing it. But it's a long way from getting approved, if it does get approved."

Balsillie rejected

• The National Hockey League yesterday rejected Canadian billionaire Jim Balsillie's application for ownership of the Phoenix Coyotes.

Bill Daly, the NHL's deputy commissioner, said the league remains open-minded on the proposal.

"It was discussed and vetted," he said in an email. "No conclusions have been reached."

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Sports in brief

FORMULA ONE Seven-time Formula One world champion Michael Schumacher will replace injured driver Felipe Massa at Ferrari if he passes a fitness test, the team said yesterday. The German, now 40 years old, retired from Formula One at the end of 2006. All being well, he will make his comeback in Valencia, Spain, next month.

SWIMMING Zhang Lin obliterated the world record to steam to victory in the men's 800-metre freestyle and become China's first male swimming world champion yesterday. Zhang finishing in a breathtaking time of seven minutes, 32.12 seconds, taking more than six seconds off the mark

of 7:38.65 set by retired former world champion Grant Hackett of Australia in 2005.

BASEBALL Ken Griffey Jr. hit a pair of doubles, including the eventual game-winning two-run double in the bottom of the seventh, as the Seattle Mariners edged the Toronto Blue Jays 3-2 in the rubber match of a three-game series at Safeco Field yesterday. Roy Halladay (11-4) went seven frames, allowing three runs on a season-high 11 hits with six strikeouts to take the loss. This could have been Halladay's last start in a Toronto uniform as trade rumours continue to swirl before the Friday deadline.

METRO NEWS SERVICES

Phillies trade for Indians ace Lee

BASEBALL The World Series champion Philadelphia Phillies bolstered their pitching depth by acquiring Cy Young winner Cliff Lee in a trade with the Cleveland Indians yesterday.

The Phillies, who lead the National League East by seven games over Florida, sent four prospects to Cleveland for left-hander Lee, who is 7-9 with a 3.14 ERA this season after claiming AL Cy Young honours with a 22-3 mark in 2008.

Philadelphia also received outfielder Ben Francisco in return for Class A right-hander Jason Knapp and Triple A right-hander Carlos Car-

Sanchez a Giant

• The San Francisco Giants acquired veteran infielder Freddy Sanchez in a swap with the Pittsburgh Pirates, the teams said yesterday.

rasco, catcher Lou Marson and shortstop Jason Donald.

The deal is pending medical reviews, Major League Baseball website mlb.com reported.

Cleveland, with a 42-59 record, trail Central Division leading Detroit Tigers by 11 games in the standings.

The Phillies have been searching for starting pitching help in their campaign to defend the Series crown, and Francisco fills a need for a power-hitting right-handed bat off the bench. He hit .250 with 10 homers for Cleveland this season.

Philadelphia had been rumoured to be in the hunt for Blue Jays hurler Roy Halladay and were able to make the trade with the Indians without parting with three young players Toronto had expressed interest in — left-hander J.A. Happ, right-hander Kyle Drabek and outfielder Dominic Brown.

REUTERS

Sports in brief

BASKETBALL East Preston's Justine Colley is on her way to the quarterfinals with Canada at the FIBA world women's under-19 basketball championship in Bangkok, Thailand. The five-foot-nine guard had one point, six rebounds and two assists in Canada's 75-67 victory over China yesterday. Canada advanced to the quarterfinals against unbeaten Australia.

UNIVERSITY The Saint Mary's Huskies have named Mark Sweetapple head coach of their women's soccer team. Sweetapple served as National Training Centre head coach for Atlantic Canada from 2005 to 2008. The Huskies also named Darren Russell women's volleyball head coach. **METRO HALIFAX**

Dal forward on Team Atlantic

Sarah McVey of the Dalhousie Tigers will compete for Team Atlantic at the Chowder Cup women's hockey tournament in Foxboro, Mass., starting today. McVey, a sophomore forward, had one assist in 24 games last season. **METRO NEWS SERVICES**

New job for Levingston

Rainmen owner to oversee league's Canadian expansion

MATTHEW WUEST
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It's no secret the Halifax Rainmen would benefit from a Maritime neighbour in the Premier Basketball League.

Now that Andre Levingston has been named the PBL's first director of business operations in Canada, you can bet the Rainmen owner will exhaust all of his options.

Levingston was hired yesterday to head up the league's effort to expand north of the border, with only two Canadian teams — the Rainmen and Quebec

City Kebs — at present.

Although Levingston said he has yet to "pinpoint" any cities specifically, he confirmed Moncton will be worth a look when he eventually sinks his teeth into his new job.

"I actually think a professional basketball team could be successful in Moncton," Levingston said. "The city has a lot to offer, as do a few others I can think of off the top of my head."

The Rainmen's closest rivals — the Kebs, Manchester (N.H.) Millrats and Vermont Frost Heaves — are all more than 1,000 kilometres away, a significant distance for a league that relies heav-

"We need to make sure potential owners are taking it seriously."

Andre Levingston

ily on vans and buses for transportation.

The Rainmen are on the hook for a significant percentage of travel expenses for teams visiting the city.

"Travel is always going to be an issue with the Rainmen," said Levingston. "To have teams that are not close, but not far, that could be a rival for Halifax, or be a stop for teams on their way

to Halifax, definitely makes business sense."

Levingston said his first task is to travel around to find out which cities are capable of supporting a PBL team. Then he'll start working with potential ownership groups.

"We need to make sure potential owners are taking it seriously, that it's not just some hobby they're doing on the side, because we're serious about what we're doing," Levingston said. "It's a great league and we want to keep it that way."

He said the job won't change his role with the Rainmen, adding that the team is his "first priority."



Andre Levingston has been named the Premier Basketball League's first director of business operations in Canada.

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Former Subways player lands tryout with Wild

HOCKEY Former Dartmouth Subways star Michael Kirkpatrick has landed an NHL tryout with the Minnesota Wild.

The Saint John Sea Dogs forward, originally from North Sydney, will make his bid for a contract at an NHL prospects tournament in Traverse City, Mich., from Sept. 6 to 10.

Kirkpatrick, 19, has been passed over in back-to-back drafts but produced 34 goals and 30 assists for 64 points in 67 games in a break-

through campaign with the Sea Dogs.



Michael Kirkpatrick

"Getting drafted is one way to get to the next level and tryouts are another way," Kirkpatrick told the Saint John Telegraph-Journal. "I'm going to go hard and try to impress them."

Kirkpatrick was named most improved player and best penalty killer in Metro Halifax's QMJHL East Division coaches poll. **MATTHEW WUEST**
/METRO HALIFAX

Six from Nova Scotia representing Canada

MATTHEW WUEST
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CANOE-KAYAK Six Nova Scotia athletes will hit the water in Moscow tomorrow for the junior world sprint canoe-kayak championships.

The Bluenosers are part of a 16-person contingent that will be representing Canada at the Krylatskoye Rowing Centre in what will be the first international paddling regatta held in Russia since the 1980 Summer Olympic

Games.

Kayakers Adam Tenwolde and Patrick Vaughan and canoeists Mark James and Jason McCoombs, all from Dartmouth, are on the men's roster, while Fall River's Michelle Russell and Kentville's Alexa Irving are on the women's kayak team.

At the last junior worlds in 2007 in Racice, Czech Republic, Connor Taras of Waverley and Lyall Hutton of Bedford won a silver medal in the K-2 500 metres.

Bennett 'leaning toward' signing with Belgian team

MATTHEW WUEST
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BASKETBALL The Halifax Rainmen's top scorer is eyeing a contract overseas and could have a new home next season.

Guard Tony Bennett, who averaged 19.4 points per game last season, told Metro Halifax yesterday he is "leaning toward a deal in Belgium." He said he wants to decide soon because he doesn't want to "hold (the Rainmen) up any longer."

Rainmen owner Andre Levingston is still negotiating with Bennett and has labelled the speedster as his top priority to re-sign in his effort to build a championship team.

Bennett was 13th in Premier Basketball League scoring in 2009 and led the circuit with 3.1 steals per game.

Levingston confirmed he has tabled contract offers to a number of players as he looks to start shaping his 2010 roster, but said he has not agreed to terms with anyone yet.

Metro Homes

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

'Finer things in life'

SuiteTalk

Heather
Clarke

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When you walk into a suite at The Trillium on South Park, there will be no mistaking the feel of elegance. And that's exactly the kind of first impression developers are counting on.

"The foyer is luxurious," said Roberto Menendez, design director at W.M. Fares Group. "The doors are solid wood, bordered with wood and stainless steel columns."

Step further inside the suite, onto the glossy black floor, and you'll be awed by the staggering views of downtown Halifax through an entire wall of windows.

Already packed your bags? Well, you'll need to use your imagination for a little longer. Expected to be completed in the fall of 2010, The Trillium on South Park is a decadent, high-rise condominium complex. Right now, it's little more than a construction zone, but prospective owners are already dreaming about what it's going to be

like to live there.

"Every suite is a unique architectural piece, but they are all spacious with an open concept," said Menendez, adding that the key to a good layout is functionality.

Since condominiums are typically one floor, owners can't hide unmade beds on a separate floor while entertaining friends. They need to have well-defined social, recreational and private areas, with a good flow between them.

Menendez says Trillium owners are going to want to entertain, so having the kitchen, dining room and living room flow together was part of the grand plan. Without walls to break up conversations, someone can be setting out appetizers on the island while still chatting with their friends over on the couch.

"The Trillium appeals to people who appreciate the finer things in life," said Menendez. "They travel the world, and they want to live close to high-end restaurants, theatres, and gar-

dens."

Lo-

cated on South Park Street, its close proximity to the boutiques and eateries on Spring Garden Road ensures owners will always have entertainment at their fingertips. And after a night on the town, sumptuous little perks like soundproof suites and 24-hour concierge service will help them sleep soundly.

"The Trillium is-

um is the most luxurious residential building in Halifax," said Menendez, adding, "it's the place to be."

For more information on The Trillium on South Park, visit thetrillium.ca.

Heather Clarke is a Halifax-based writer with a penchant for pretty things.

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Here are some artist renderings of the suites and the surroundings of the Trillium on South Park going up in 2010.



The Trillium on South Park condominium is expected to be completed in the fall of 2010.

So ... what happens when one of us dies?

LegalMatters

Elias
Metlej

metronews.ca/legalmatters

There are different types of ownership if two or more people own a property together. Understanding the difference is critical to protect your interest and plan for your future.

"Joint Tenants" describes the ownership of land by two or more people where there is a right of survivorship. When one of the joint owners dies, his or her share passes automatically to the surviving owners. The right of survivorship is the most important element of joint tenancy.

As "Tenants In Common," each owner has a separate and divisible interest in the property. If one person dies, his or her share does not automatically pass to the surviving owners. Rather, it is passed on according to the terms of his or her will and the Probate Court will tax

the value of the share.

The difference between joint tenants and tenants in common can have a significant impact on estate planning matters. Many couples buy as joint tenants to avoid estate taxes and related expenses upon the death of a spouse. If you plan to leave your interest in a property to the person that you own it with, holding title as joint tenants will allow this to occur immediately and without triggering probate taxes on death.

However, you may not want your interest to pass to a surviving owner. If you want to leave your share in an investment property to your family, as opposed to your business partner, tenants in common is recommended.

If you own a property, check your deed to confirm if you own it as joint tenants or tenants in common. Fortunately, it is not expensive to change the form of ownership if it does not match your needs or intentions.

Elias Metlej is a real estate lawyer with the Halifax firm Blois Nickerson & Bryson. You can write to Elias at askelias@yahoo.com



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The Jamie revolution

Jamie's Food Revolution by celebrity chef Jamie Oliver topped last week's bestselling cookbook list at Amazon.ca. In Defense of Food came in second, followed by The UltraMetabolism Cookbook in third. **METRO NEWS SERVICES**



Food

The Food Network presents a new recipe application for BlackBerry smartphones that allows users to connect with their favourite hosts, recipes and shows, and have access to a wealth of meal ideas on the go.

METRO NEWS SERVICES

**To get it**

To download the recipe application log onto foodtv.ca or to access the new mobile application right from your BlackBerry smartphone visit blackberry.com/appworld.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Personal Gourmet recipe of the month

ROSE REISMAN

Steak and smashed potatoes

Tex-Mex Flank Steak with Corn Salsa

With the sauce and corn salsa accompaniment, this is a great Southwestern dish.

Sautéing the corn gives it a barbecued flavour. Be sure to allow time for marinating the steak. Leftovers taste just as good the next day; either reheat gently or serve at room temperature.

PREP TIME: 10 MIN

COOK TIME: 25 MIN SERVES 6

INGREDIENTS:

- 1 cup barbecue sauce
- 1/3 cup cider vinegar
- 2 Tbsp molasses
- 1/4 tsp hot pepper sauce
- 1 1/2 lb flank steak
- 1 cup canned corn kernels, drained
- 1 cup diced red bell pepper
- 1 cup canned black beans, drained and rinsed
- 1/3 cup chopped green onion
- 1/4 cup chopped cilantro or parsley

METHOD:

Whisk the barbecue sauce, vinegar, molasses and hot pepper sauce in a bowl. Place the flank steak in a shallow, non-reactive baking dish and pour the sauce over the steak. Cover with plastic wrap and refrigerate for 2 hours or overnight.

For the salsa, spray a non-stick skillet with cooking oil. Place over medium heat, and sauté the corn and red pepper until the corn begins to brown, about 5 minutes. Stir in the beans, onion and cilantro. Set aside.



Tex-Mex Flank Steak with Corn Salsa, top, and Smashed Potatoes.

Remove the steak from the marinade, and set the marinade aside in a small saucepan.

Preheat the barbecue or a non-stick grill pan to medium-high and spray with cooking oil. Cook the beef over medium-high heat for 5 to 8 minutes per side, or until it's done to your liking.

While the steak is cooking, bring the reserved marinade to a boil and boil for 5 minutes. Serve the steak with the sauce and salsa on the side.

Smashed Potatoes

We all love mashed potatoes, but if you've never had a "smashed" potato, you're in for a treat.

Seasoning and baking turns these flattened potatoes into a crispy, delicious dish.

PREP TIME: 5 MINUTES

COOK TIME: 45 MINUTES SERVES 4

INGREDIENTS:

- 8 small red or white potatoes
- 2 Tbsp olive oil
- 2 Tbsp grated Parmesan cheese

About Rose

Rose Reisman is an author, media personality, nutritionist, and the inspiration behind a fresh food delivery service, Personal Gourmet, and new website, The Art of Living Well. Visit Rose at rosereisman.com & personalgourmet.ca

- pinch paprika
- pinch salt
- 3 Tbsp finely chopped fresh parsley

METHOD:

Preheat the oven to 400°F. Line a baking sheet with foil and spray with cooking oil.

Place the potatoes in a saucepan, cover with water and bring to a boil. Boil for 15 minutes, or just until fork-tender. Drain and place on the prepared baking sheet. With the palm of your hand, press the potatoes flat, trying not to break them (cracks are normal).

Brush with 1 Tbsp of the olive oil.

Combine the cheese, garlic powder, paprika and salt in a small bowl. Sprinkle half the mixture over the potatoes. Bake for 15 minutes. Turn them over, brush with the remaining olive oil and sprinkle with the remaining cheese mixture. Bake for another 15 minutes. Garnish with the parsley.

On the web**Liquid Assets column:**

Peter Rockwell asks, "What happened to all those animals on wine bottles?" Visit metronews.ca/liquid-assets for the answer.

**Global Peasant blog:**

Travel along with Diane Thompson's culinary adventures in her Global Peasant blog. Visit metronews.ca/globalpeasant for a recipe for Corn Chowder with Fresh Salsa.

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Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Fall fashion spectacular! Canada's edgiest model wears the season's top looks, only in ELLE Canada!



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STUDIO ANDRÉ DUBON

Editors' Pick



MATERIAL GIRL

These cute cropped booties combine two fall 2009 trends—leather and the '80s — which ruled the international catwalks. (They wouldn't have been out of place on Marc Jacobs's raucous runway.) Add a hit of colour and you've got an instant dance party — just add Grace Jones (\$125, at Aldo).

DOWN-TO-EARTH

This simple woody scent is inspired by nature, but it's the modern design of the bottle that makes it a standout. A Scent by Issey Miyake Eau de Toilette Spray (\$117 for 100 mL)



Kenya's Style

Kenya Hunt

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Efron, Snow join Gidget

Zac Efron and Brittany Snow are set to star in a remake of Gidget, according to new industry reports. Miley Cyrus is on board as Gidget in the project, with Efron slated to play her love interest, according to moviehole.net. FEMALEFIRST.CO.UK

13

Entertainment

EDITOR: DEAN.LISK@METRONews.CA

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Tisdale's Guilty Pleasure

Ashley Tisdale

Album: Guilty Pleasure
Label: Warner
Rating: ♂♂♂

WHAT DO YOU get when you combine the worst parts of Britney Spears, Ashlee Simpson and Miley Cyrus? None other than High School Musical star Ashley Tisdale. The actress' second record is a complete disaster, with most of the songs sounding like outtakes from other people's records. Masquerade is Spears to a tee, while the obnoxious rocker Hot Mess takes a page out of Pink's playbook. Not only is it totally unoriginal, but it's cringe-worthy bad.

Bryan Borzykowski/for Metro Canada

La Roux

Album: La Roux
Label: Polydor/Universal
Rating: ♂♂♂♂♂

ONLY IN BRITAIN can a band go from single to success in just a matter of months. That's what happened to synth-pop duo La Roux, who released their first single in December 2008 and had a hit song by March. Fortunately, they deserve it. Their keyboard heavy '80s dance pop is loud and infectious and, on THE Kill, singer Elly Jackson sounds a lot like Annie Lennox. The album drags a bit in the middle but, generally, it's a solid listen.

Bryan Borzykowski/for Metro Canada

Kristinia DeBarge

Album: Exposed
Label: Soda Pop/Island
Rating: ♂♂♂♂

THERE'S NO SHORTAGE of R&B pop starlets these days, so it's going to be tough for Kristinia DeBarge — daughter of James from Jackson 5 wannabe group DeBarge — to make her mark. She gives it a good shot on her debut, teaming up with Babyface and other vets to create a set of infectious grooves geared toward the late teen set. It's nothing spectacular, with most of the songs sounding similar to what her peers produce, but it's not unpleasant either.

Bryan Borzykowski/for Metro Canada

MusicReviews

music@metronews.ca

The Wailin' Jennys

Album: Live at the Mauch Chunk Opera House
Label: Outside
Rating: ♂♂♂♂♂

THIS HAS THE feel of one of those charming NPR radio shows broadcast live from the fictional shores of Lake Wobegon. You expect Garrison Keillor to come out between the tracks to introduce the next song. It was recorded a year ago in a quaint little theatre in a picturesque Pennsylvania town with the unlikely name of Jim Thorpe. It's



Graphic Love

Jennifer Love Hewitt is hoping to give audiences a fright — the star is set to publish her own graphic horror novel. The actress has landed a deal for a comic book series, The Music Box. FEMALEFIRST.CO.UK

Guilty Pleasure is the new album from Ashley Tisdale.

mom's apple pie with a healthy dose of maple syrup and a pair of Birkenstock sandals thrown in for good measure. For all those reasons you're either going to love this album or hate it. Choose to love it. The three-part harmonies of Winnipeg's Wailin' Jennys should be considered

some kind of national treasure. They're captured magnificently here in a live setting. It's a sound that'll make you hungry for pie. Comfort food.

Graham Rockingham/for Metro Canada

Listen to this week's reviewed music at metronews.ca/music

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/30/09	31	31	31	ABC	News Center 5	ABC Wild News	Inside Edition	Chronicle	Grey's Anatomy	Grey's Anatomy	Practice	
	7	7	7	ASN	The Road to Avonlea	Instant Star	TMZ (N)	Greek (N)	Grey's Anatomy	Grey's Anatomy	Practice	
	11	11	11	CBC	Coronation St.	Jeopardy!	Doc Zone (HDTV)	Doc Zone (HDTV)	CBC News: The National	CBC News: The National	The Hour	
	2	2	2	CBC-F	Dre Grey, leçons d'anatomie	Des sauteleuses	Gars fille	Perdus 'The Variable' (SC)	Bons baisers de France (SC)	Bons baisers de France (SC)	Le Téléjournal	
	32	32	32	CBS	WBZ News (N)	Evening News	The Insider (N)	Entertainment	Big Brother 11 (Live)	CSI: Crime Scene Invstgtn.	The Mentalist	
	69	69	69	CFTM	TVA 18 heures	Sucré-salé	Dépenses xtr	Marché	Dr. House (HDTV) (SC)	Mollie (HDTV) (SC)	TVA 22 heures	
	6	6	6	CHIF	Entertainment	ET Canada	House	Big Brother 11 (Live)	CSI: Crime Scene Invstgtn.	The Office	News Final (N)	
	9	9	9	CJCH	Corner Gas	Hollywood	The Listener (HDTV) (N)	CSI: Crime Scene Invstgtn.	So You Think You Can Dance	So You Think You Can Dance	News	
	10	10	10	ELTV	(6) EastLink Television			Podium TV	EastLink Television	EastLink Television		
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	Bones (HDTV PA)	So You Think You Can Dance	Fox First	
news	12	12	12	NBC	News (N)	NBC News	Extra (N)	30 Rock	Parks-Recreat	The Office	30 Rock	
	29	29	29	NW	World News	Business	CBC News	Marketplace	The Hour Russell Peters.	CBC News: The National	Nature-Things	
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Business	Greater Boston	Basic Black	A Hot Dog Program	SS United States: Lady	American Exp.	
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	This Old Hse.	Yankee Shop	Ask This Old	Michigan	
	68	68	68	TQS	Farceurs	Chemin du golf	Grande fille	Avec Albert	La Maison du secret (2007, Suspense)	Tori Spelling.	Porte-étoiles	
	23	23	23	BNN	Business News	Headline	Market Call	Commodities	GetConnected	Business News	Market Call	
	18	18	18	CNN	Situation Room-Wolf Blitzer	Lou Dobbs Tonight		Campbell Brown (N)	Larry King Live (N)		Cooper 360	
	54	54	54	GOLF	Golf Central	PGA Tour Golf: Nationwide Tour			PGA Tour Golf	Buick Open -- First Round.		
	52	52	52	RSE	Sportsnet Connected	MMA Conn	Week-Baseball	MLB Baseball New York Yankees at Chicago White Sox. (HDTV) (Live)				
	55	55	55	SCOR	(6) HSR	World Poker Crown		U.S. Women's Soccer Team	Poker Asian Pacific Tour.		Soccer	
sports	45	45	45	SPD	Unique Whips	Pimp My Ride	Pass Time	Pinks -- All Out (HDTV) (N)	Jacked! (N)	Jacked! (N)	Wrecked (N)	
	53	53	53	TSN	Off the Record	SportsCentre	Premier League	Poker III	CFL Pregame	CFL Football: Alouettes at Eskimos		
	43	43	43	FAM	Zoe 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek
	44	44	44	TOON	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	Futurama	South Park: Bigger	Ned's School
	26	26	26	TREE	Wonders Pets	Big & Small	Backyardigans	Nght Grdn	Max & Ruby	Franklin	Little Bear	Maggie-Beast
	27	27	27	YTV	iCarly		Drake & Josh	Family Biz	Malcolm-Mid.	Futurama	In Real Life 'Dirty Jobs'	Comfy Couch
	16	16	16	A&E	Cold Case Files	CSI: Miami	'Shoutout'	The First 48 'Gone'		The First 48 (HDTV)	Crime 360 (N)	
	70	70	70	APTN	APTN National News (N)	Warriors: TKO	Wapros Bay	By the Rapids	renegadeexpress	The Juror ** (1996, Suspense)	Demi Moore.	
	50	50	50	BET	106 & Park: BET's Top 10 Live (Live)			Inside Man *** (2006, Suspense)	Denzel Washington, Clive Owen.		The Game (N)	
	37	37	37	BRVO	Wind at My Back	Storytellers	Snapshot	Opera Stories	Liberty Stands Still (2002, Suspense)			
family	25	25	25	CMY	Totally	Dierks Bentley	Reba: One, 22 Minutes	Home Improve.	Home Improve.	Reba	Reba	Hope & Faith
	49	49	49	COM	Laughs	Comedy Now	Air Force	Cops Uncut	Corner Gas	The Simpsons	South Park	Comedy Now
	153	153	153	COURT	Truth, Duty, Valour	World's Wildest Police Videos	Daily Planet	Nature's Most Amazing Events	Disaster DIY	Big Amazing	MythBusters	Police Videos
	38	38	38	DISC	How It's Made	How It's Made	Daily Planet	Nature's Most Amazing Events	Disaster DIY	Big Amazing	MythBusters	Police Videos
	34	34	34	HGTV	Holmes on Homes	NCIS	One Tree Hill	Degrassi: TNG	Instant Star	Parish Hilton's My New BFF	Video on Trial	NCIS
	46	46	46	HIST	Lost Inventions	NCIS	One Tree Hill	Degrassi: TNG	Instant Star	Parish Hilton's My New BFF	Video on Trial	NCIS
	17	17	17	MM	Paris Hilton's My New BFF	One Tree Hill	Degrassi: TNG	Instant Star	Parish Hilton's My New BFF	Video on Trial	Entourage	
	19	19	19	MMM	mtmpt10.ca	The Daily Fix						
	201	201	201	M1	The Women	(7-25) In the Electric Mist * (2009, Mystery)			Nurse Jackie	Miracle at St. Anna ** (2008, War)		
	48	48	48	OLN	Mantracker	Ghost Hunters	Bounty Hunter	Bounty Hunter	Survivorman	Survivorman	Ghost Hunters	
cable variety	51	51	51	PEACH	Seinfeld	Friends	Family Guy	Family Guy	Friends	Friends	Vegas Vac	
	206	206	206	PIX	The Nature of Nicholas	Uziana's Raid *** (1972, Western)	Burt Lancaster.		Under Siege *** (1992, Action)			
	67	67	67	RDI	RDI en direct	RDI en direct	24 Hours en 60 minutes	Grands reportages (SC)	Love-Death	Love-Death	RDI en direct	
	39	39	39	SHOW	Trailer Park	Trailer Park	The Outer Limits	Love-Death	Love-Death	Seventeen and Missing (2007, Drama)		
	40	40	40	SLICE	Chic Couples	Skin Deep	Skin Deep	Til Debt-Part	Last 10	Last 10	Bulging Brides	
	47	47	47	SPACE	Stargate SG-1 (DVS)	The Listener (N) (DVS)	Star Trek: Voyager	UFC Unleashed	TNA IMPACT! (HDTV) (N)	Supernova * (2000, Science Fiction)		
	14	14	14	LA SPIKE	CSI: Crime Scene Invstgtn.	CSI: Crime Scene Invstgtn.	The Ellen DeGeneres Show	Lottery Changed My Life III	Seinfeld	Seinfeld	Family Guy	
	97	97	97	STAR	Living the Life	Hollywood	Restorer Guy	Real Estate	Traders	Inside Hollywood		
	21	21	21	TLC	What Not to Wear 'Joy'	North of 60	Destinations	Hep! Taxi	Ciub social	Wait for God	'Allo, 'Allo!	
	56	56	56	34	TROP	Que-champion	Journal de Fr2	Murder, She Wrote	Judging Amy	Divine Design	House	
cable variety	20	20	20	TVS	Que-champion	Journal de Fr2	Murder, She Wrote	Judging Amy	Divine Design	House		
	28	28	28	V	Ekhaya -- A Family Chronicle							
	60	60	60	97	VIVA	La Vinci's Inquest						
	22	22	22	W	Style by Jury	Style by Jury	Style by Jury	Friends	Smallville 'Requiem'			
	251	251	251	WGN	Be-Millionaire	Evening News	Two/Half Men	Family Guy				

critics'corner

Miracle at St. Anna

The often-edgy Spike Lee — who provoked a dispute with Clint Eastwood over modern filmmakers' depictions of war — turns a corner with this reasonably reverent retelling of a World War II incident, based on a novel by James McBride. Several African-American soldiers, isolated from their peers, are aided by residents of the Italian village where they're stranded. 10 PM on M1



Doc Zone
It's inspired songs, poems, stories, religious beliefs and even patriotic fervor. The documentary 'Fly Me to the Moon' celebrates the 50th anniversary of NASA by reflecting on humankind's relationship with the moon, from the Frank Sinatra number referenced in the title to the science-fiction stories that envision the moon as a second home for earthlings. 8 PM on CBC

Storytellers in Motion
"Our First Lady of Cinema" profiles Abenaki filmmaker Alanis Obomsawin, whose specialty is documentaries dealing with First Nations issues and social justice. A three-time Genie nominee, she's best known for her 1993 film 'Kanehsatake: 270 Years of Resistance,' about the armed standoff between Mohawks and Canadian forces troops in Oka, Que., in 1990. 8 PM on BRAVO

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- Stereos - Summer Girl
- Black Eyed Peas - I Gotta Feeling

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More than 15,000 people have signed an online petition proposing that Michael Jackson be awarded a posthumous Nobel Peace Prize. The petition was actually started by a Norwegian fan in 2007, while Jackson was still alive. **METRO WORLD NEWS**

Celebrity Buzz

Men put the kibosh on Fox

NO MORE A group of men's websites are getting together to boycott Megan Fox for one day, claiming the world needs a break from the actress.

"You can have too much of a good thing," said askmen.com's James Bassil. "We're joining in the media blackout and giving our readers a one-day reprieve from the woman we've been drowning in all summer."

METRO NEWS SERVICES

ScarJo and Ryan's spat

LOVER'S QUARREL Celebrity couple Scarlett Johansson and Ryan Reynolds, who married last September, reportedly got into so big a spat that Reynolds decided to sit out a promotional trip to San Diego.

"They got in a huge fight just before they were going to Comic-Con," a source said, according to Fox News. "Ryan refused to attend the conference and he told Scarlett she could go alone. She got so angry she threat-

ened to take off her wedding band."

Johansson turned up at the convention to promote Iron Man 2, but Reynolds — who was recently cast in the upcoming Green Lantern —

stayed home, which "angered the executives" behind the superhero film.

METRO NEWS SERVICES

All in a day's work

LOW-KEY He's the most envied star in the world, but Brad Pitt wants the public to understand that it can be a tougher life than they imagine, people.com reports.

"It's so tough being an actor," Pitt, 45, joked at the Berlin premiere of Inglourious Basterds Tuesday night. "Sometimes they bring you coffee, and

sometimes it's cold, and sometimes you don't have a chair to sit on."

With six young ones and partner Angelina Jolie at home, he does get early nights when not working. "I'm a dad now — my partying ends at 6 p.m.," he told the Daily Mail.

METRO NEWS SERVICES

Becks does damage control

PR TEAM Victoria Beckham is "embarrassed" by her husband's recent behaviour, femalefirst.co.uk reports. The former Spice Girls star is planning a series of high-profile interviews in a bid to improve her and her husband David's images after fans of his soccer team Los Angeles Galaxy turned against him.

The soccer player drew the ire of the club's fans after returning from his temporary stint at Italian team AC Milan, and he reportedly wants to leave the U.S. permanently.

A source said: "Victoria works hard on the image of 'Brand Beckham.' She has always been eager to promote them as the perfect couple."

"David arguing with fans doesn't really fit in with that image and she was embarrassed."

METRO NEWS SERVICES

GETTY IMAGES

Twilight's Victoria role gets switch-up

TAKING OVER Twilight fans may be taken aback by Bryce Dallas Howard in the role of Victoria in the series' third installment, people.com reports.

The 28-year-old daughter of director Ron Howard will be replacing Rachelle Lefevre, 30, who took on

the role previously.

According to Twilight's film studio Summit Entertainment, Lefevre is leaving the series because of scheduling conflicts with a new film project.

She's slated to appear opposite Dustin Hoffman in the independent film Barney's Version, which begins filming the same day as Eclipse — only on the opposite side of the continent, in Quebec.

METRO NEWS SERVICES

Like Thriller: Amy hears MJ

NEXT LEVEL Just when you thought Amy Winehouse couldn't shock us anymore, femalefirst.co.uk alleges that the singer is claiming Michael Jackson's ghost has paid her a visit. The website reports Winehouse is convinced that the deceased King Of Pop popped came back to Earth to tell her to lay off the drugs.

The singer, who made no secret of her drug habit, has previously said that she is

a big fan of the late star. She reportedly met with mediums during her stay on the Caribbean island of St. Lucia, which is where Jackson "came through."

Apparently, Winehouse heard Jackson's voice telling her if she didn't sort herself out, she'd lose everything, femalefirst.co.uk adds.

METRO NEWS SERVICES

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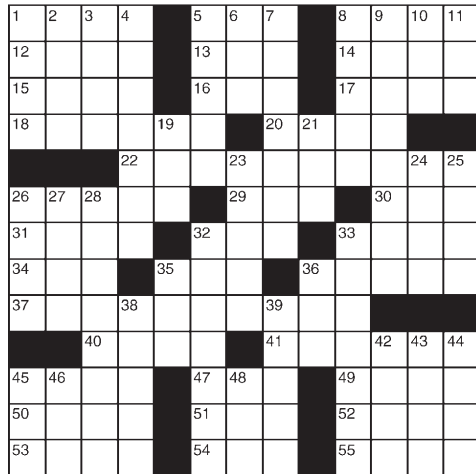
Friday
Partly cloudy
25° / 18°



Saturday
Showers
24° / 17°



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entertainment **15**For more delicious Metro recipes, visit: metronews.ca/food**ACROSS**

1 "Waterloo" quartet
5 "Go, team!"
8 Too confident
12 Complain
13 Past
14 Banks on the runway?
15 Despot
16 Old soldier
17 "— It Romantic?"
18 Doddering
20 Sodium chloride
22 Accordion's cousin
26 Utter disorder
29 Companion to green eggs
30 Proof abbr.
31 Stop
32 Lustrous black
33 Car
34 Under the weather
35 Feathery accessory
36 Fourth estate
37 Having the same midpoint

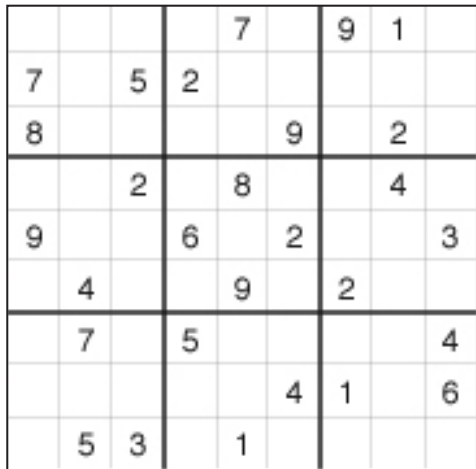
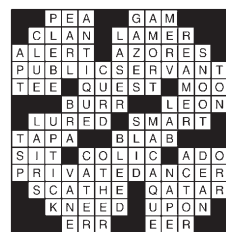
40 Baghdad's country
41 Nearby
45 Carry on
47 Submachine gun type
49 Ontario neighbour
50 Rue the run
51 Bit with a charge
52 Jambalaya need
53 On pension (Abbr.)
54 Actress Myrna
55 Coaster

DOWN

1 Revue segments
2 Contemptible
3 Cereal choice
4 Brandy flavour
5 Poe's bird
6 Census statistic
7 Position of great anxiety
8 Half a clown's pair, maybe
9 Magical aura
10 Coffee shop vessel
11 Roscoe
19 Part of UCLA
21 Branch
23 Swindle
24 Trawler gear
25 Big bothers
26 Stylish
27 Head light?
28 Until dawn
32 Daffodil's cousin
33 Robin Hood and his Merry Men, e.g.
35 "Well, I'll — monkey's uncle!"
36 4-Down has one
38 Words to live by
39 Unfair?
42 Seed covering
43 Pleasant
44 "Monopoly" card
45 "This means —!"
46 Expert
48 Menagerie

SudokuFor more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

**PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:**

1	4	7	8	6	3	9	5	2
8	6	2	7	5	9	3	1	4
5	3	9	1	4	2	7	6	8
7	5	3	4	2	6	8	9	1
4	2	8	9	1	5	6	3	7
9	1	6	3	8	7	4	2	5
3	7	1	5	9	8	2	4	6
6	8	5	2	3	4	1	7	9
2	9	4	6	7	1	5	8	3

On the webFind more games to play + more cartoons by the Six Chix at metronews.ca**Horoscopes by Sally Brompton**sallybrompton.com**ARIES****MARCH 21-APRIL 20**

Cosmic activity urges you to focus on all the good things coming into your life. For every one thing that went wrong yesterday, 10 will go right today.

LIBRA**SEPT 23-OCT 23**

If you play your cards right in the next few days you'll achieve something amazing — especially if you work toward a specific goal that benefits others.

TAURUS**APRIL 21-MAY 21**

It's time you dealt with a family issue that's kept you awake at night. Today, be honest with loved ones about how your relationships can be better.

SCORPIO**OCT 24-NOV 22**

A Mercury-Jupiter link will give you great ideas which could bring fame and fortune. Success will take more than ideas, but they're a key first step.

GEMINI**MAY 22-JUNE 21**

You may not be thrilled with what you hear from a friend or a neighbour today but you know it's the truth. Act on it sooner rather than later.

SAGITTARIUS**NOV 23-DEC 21**

If the experts tell you one thing but your mind tells you another today it should be obvious who is right — you. Trust your own understanding.

CANCER**JUNE 22-JULY 22**

Give serious thought to ways you can boost your earning power. Some sort of offer is likely today but ensure you know what's expected before signing.

CAPRICORN**DEC 22-JAN 20**

If your sixth sense tells you not to trust someone today you would be wise to listen to it, even though you might lose out financially as a result.

LEO**JULY 23-AUG 23**

Make a wish today and watch it materialize: You only have to believe in your dream to see it come true. But don't be vague. Put a name to your desire.

AQUARIUS**JAN 21-FEB 18**

Try to get along with people today, even if some of the idiots you have to deal with drive you up the wall. Not everyone is as switched on as you.

VIRGO**AUG 24-SEPT 22**

Activity in the most imaginative area of your chart encourages you to think the unthinkable. Everyone needs dreams, you more than most.

PISCES**FEB 19-MARCH 20**

You need a break and the more you push yourself to the limit the longer the break will have to be. Don't just listen to your body; act on what it tells you.

Metro Recipe of the Day**Tacos for Two**

Submitted by Susan Thomas, Watson Lake, Yukon



submitted by a Club Member!

INGREDIENTS:

1 avocado
1 tbsp lime juice
1/2 tsp salt
Pepper to taste
2 tbsp cooking oil
2 tbsp yellow diced onion
1/2 tsp chili powder
1 small jalapeno pepper
3 medium tomatoes, diced
1 cup leftover chicken
1 cup shredded red cabbage
4- to 6-inch corn tortillas

METHOD:

Mash avocado and add salt and pepper. Set aside. Add oil to skillet. Over medium heat, cook onion until translucent. Add chili powder, chipotle pepper and tomatoes. Cook 5 min-

utes. Stir in chicken and cook until chicken is heated through.

Assemble tortillas with a scoop of chicken mix, avocado, cabbage and a sprinkle of lime juice. You can also add cheese if you like but it's not necessary.

SERVES 4-6**PREP TIME: 20 MINUTES****COOK TIME: 5 MINUTES**

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WORDY GURDY

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

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1. Animal doc allowed (1)
2. You and I appeal in court (1)
3. Harvard rival half-off event (1)
4. Animal parks' latest info (1)
5. Disregarded the actors' text (1)
6. Hairstylist's safe havens for boats (2)
7. Forcefully flinging fine silver (2)

TRICKY RICKY KANE'S WORDY GURDY: 1. FAT CAT 2. DOUBLE TROUBLE 3. RIVALRY 4. ZOO NEWS 5. SKEWED SCRIPT 6. BARBERS HARBORS 7. BARBERS HARBORS

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